

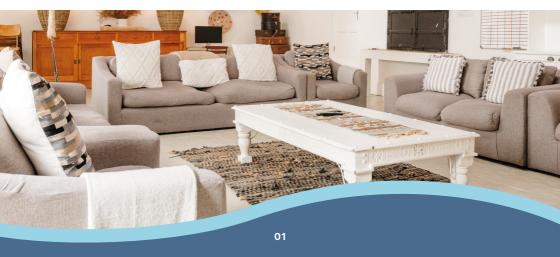
Together, we Overcome

A Global Leader in Ethical & Effective Treatment

Liberty Home Group is an internationally recognised provider of comprehensive addiction recovery and mental health treatment. We offer a structured and clinically guided approach to long-term recovery. Our services include residential treatment in South Africa and sober living in South Africa.

With a team of highly qualified medical professionals, therapists, and addiction specialists, we provide evidence-based, ethical, and patient-centred care tailored to the unique needs of each individual. Our mission is to help people reclaim their lives through structured, clinically sound, and compassionate treatment in a supportive and professional environment.

We do not simply treat addiction—we provide a foundation for long-term, sustainable recovery by addressing the underlying causes of substance use and mental health challenges.



Our Clinical Procedure

Liberty Home Group offers a complete and continuous pathway to recovery, providing clinical excellence across every stage of the healing journey. Our approach is grounded in structure, compassion, and professional oversight.



Step 1: Assessment

A comprehensive clinical evaluation to understand each individual's needs and determine the most appropriate treatment pathway.



Step 2: Clinic

Residential treatment at our South African facility offers structured support for addiction, behavioural issues, and non-acute mental health conditions.



Step 3: Sober Living

Ongoing support in a structured, recovery-focused environment to foster independence, accountability, and long-term success.

Our Treatment Centres



Residential Care – Expert-Guided Recovery in South Africa

Restoring Stability and Treating the Root Causes of Addiction

Our primary care facility in South Africa provides a structured and clinically driven approach to addiction recovery. Through our partnerships with leading medical institutions, we ensure that individuals receive the appropriate oversight at all stages of their care, including access to specialised detox services when required.

At Liberty Home Group, the focus extends beyond symptom management. We address the underlying psychological, emotional, and behavioural factors that drive addiction. A multidisciplinary team provides evidence-based therapies, psychiatric support, and structured programming, allowing individuals to build a strong foundation for lasting recovery.

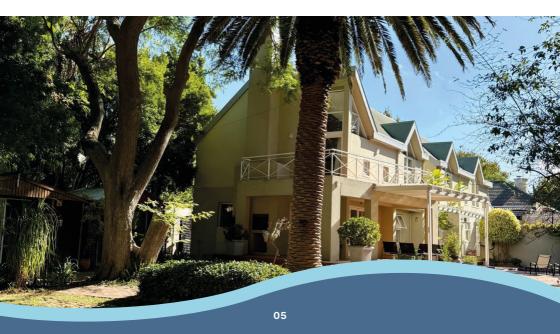


Sober Living – South Africa's Exclusive Recovery Residence

A Long-Term Commitment to Recovery

Treatment does not end in 30 days. True recovery requires time, stability, and continued guidance beyond initial care. Liberty Home Group's sober living program in South Africa provides the essential next step for individuals transitioning from structured treatment to complete independence.

This program offers a safe, semi-independent environment where residents can apply the recovery skills they have developed in real-world settings while continuing to benefit from professional support. Designed for those who have completed intensive treatment or require an extended recovery framework, sober living ensures that individuals stay connected, accountable, and prepared for long-term success.



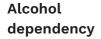
How It Works

At Liberty Home Group, we provide a clear, structured pathway to recovery tailored to the individual. Our clinical approach combines therapeutic integrity with long-term support to address both substance use and mental health challenges.



What We Treat







Illegal narcotics



Prescription drug misuse



Burnout and stress-related disorders



Gaming and gambling addiction



Non-acute depression and anxiety



Non-acute eating disorders



Borderline personality disorder



Co-occurring and dualdiagnosis conditions

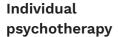


Neurodivergent presentations requiring adapted care



Methodologies and Approaches







Group therapy



Cognitive behavioural therapy (CBT)



Dialectical behavioural therapy (DBT)



Traumainformed care



12-step facilitation



Relapse prevention planning



Psychoeducation



Emotional regulation techniques



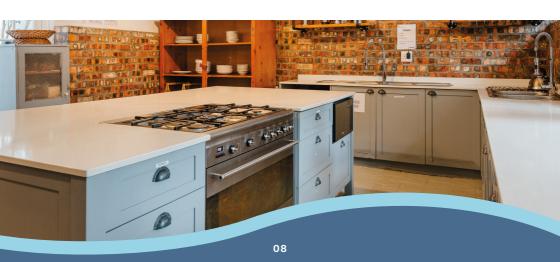
Family and systems-based support



Adapted pathways for neurodivergent individuals



Community engagement and volunteering



Our Clinical Team



At Liberty Home Group, our care is led by a highly qualified, multidisciplinary team with expertise in addiction, mental health, and long-term recovery. Each member brings clinical depth, compassion, and a commitment to ethical, evidence-based treatment.

Credentials and Roles



Morgane Conlon Clinical Director



Dr TayobSpecialised Addiction
Psychiatrist



Dr KockGeneral Practitioner,
MBChB (Limpopo)



Odette Du ToitAddiction Registered
Nurse



Sandra Legolie Registered Nurse



Mel SamuelsPsychology Graduate



Nina Wood Occupational Therapist



Ian Connolly Addictions Counsellor



Lelethu Qotole Registered Social Worker

Trusted. Proven. Measurable.

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900+

residents treated since 2017

4.8 / 5

average review score from residents and families

10+

nationalities represented across our community

80+

years of collective clean time among our team



Contact

Seeking treatment is the first step towards a new beginning. Liberty Home Group is committed to making the process as smooth and supportive as possible, whether you are referring a patient or reaching out for yourself or a loved one.



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