



LIBERTY
HOME
GROUP

Together, we Overcome

A Global Leader in Ethical & Effective Treatment

Liberty Home Group is an internationally recognised provider of comprehensive addiction recovery and mental health treatment. We offer a structured and clinically guided approach to long-term recovery. Our services include residential treatment in South Africa and sober living in South Africa.

With a team of highly qualified medical professionals, therapists, and addiction specialists, we provide evidence-based, ethical, and patient-centred care tailored to the unique needs of each individual. Our mission is to help people reclaim their lives through structured, clinically sound, and compassionate treatment in a supportive and professional environment.

We do not simply treat addiction—we provide a foundation for long-term, sustainable recovery by addressing the underlying causes of substance use and mental health challenges.



Our Clinical Procedure

Liberty Home Group offers a complete and continuous pathway to recovery, providing clinical excellence across every stage of the healing journey. Our approach is grounded in structure, compassion, and professional oversight.



Step 1: Assessment

A comprehensive clinical evaluation to understand each individual's needs and determine the most appropriate treatment pathway.



Step 2: Clinic

Residential treatment at our South African facility offers structured support for addiction, behavioural issues, and non-acute mental health conditions.



Step 3: Sober Living

Ongoing support in a structured, recovery-focused environment to foster independence, accountability, and long-term success.

Our Treatment Centres



Residential Care – Expert-Guided Recovery in South Africa

Restoring Stability and Treating the Root Causes of Addiction

Our primary care facility in South Africa provides a structured and clinically driven approach to addiction recovery. Through our partnerships with leading medical institutions, we ensure that individuals receive the appropriate oversight at all stages of their care, including access to specialised detox services when required.

At Liberty Home Group, the focus extends beyond symptom management. We address the underlying psychological, emotional, and behavioural factors that drive addiction. A multidisciplinary team provides evidence-based therapies, psychiatric support, and structured programming, allowing individuals to build a strong foundation for lasting recovery.



Sober Living – South Africa’s Exclusive Recovery Residence

A Long-Term Commitment to Recovery

Treatment does not end in 30 days. True recovery requires time, stability, and continued guidance beyond initial care. Liberty Home Group’s sober living program in South Africa provides the essential next step for individuals transitioning from structured treatment to complete independence.

This program offers a safe, semi-independent environment where residents can apply the recovery skills they have developed in real-world settings while continuing to benefit from professional support. Designed for those who have completed intensive treatment or require an extended recovery framework, sober living ensures that individuals stay connected, accountable, and prepared for long-term success.



How It Works

At Liberty Home Group, we provide a clear, structured pathway to recovery tailored to the individual. Our clinical approach combines therapeutic integrity with long-term support to address both substance use and mental health challenges.

What We Treat



**Alcohol
dependency**



**Illegal
narcotics**



**Prescription
drug misuse**



**Burnout and
stress-related
disorders**



**Gaming and
gambling
addiction**



**Non-acute
depression
and anxiety**



**Non-acute
eating
disorders**



**Borderline
personality
disorder**



**Co-occurring
and dual-
diagnosis
conditions**



**Neurodivergent
presentations
requiring
adapted care**



Methodologies and Approaches



**Individual
psychotherapy**



Group therapy



**Cognitive
behavioural
therapy (CBT)**



**Dialectical
behavioural
therapy (DBT)**



**Trauma-
informed care**



**12-step
facilitation**



**Relapse
prevention
planning**



Psychoeducation



**Emotional
regulation
techniques**



**Family and
systems-based
support**



**Adapted
pathways for
neurodivergent
individuals**



**Community
engagement and
volunteering**



Our Clinical Team



At Liberty Home Group, our care is led by a highly qualified, multidisciplinary team with expertise in addiction, mental health, and long-term recovery. Each member brings clinical depth, compassion, and a commitment to ethical, evidence-based treatment.

Credentials and Roles



Morgane Conlon
Clinical Director



Dr Tayob
Specialised Addiction
Psychiatrist



Dr Kock
General Practitioner,
MBChB (Limpopo)



Odette Du Toit
Addiction Registered
Nurse



Sandra Legolie
Registered Nurse



Mel Samuels
Psychology Graduate



Nina Wood
Occupational
Therapist



Ian Connolly
Addictions Counsellor



Lelethu Qotole
Registered Social
Worker

Trusted. Proven. Measurable.

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900+

residents treated
since 2017

10+

nationalities represented
across our community

4.8 / 5

average review score from
residents and families

80+

years of collective clean
time among our team

Contact

Seeking treatment is the first step towards a new beginning. Liberty Home Group is committed to making the process as smooth and supportive as possible, whether you are referring a patient or reaching out for yourself or a loved one.



Weltevreden Manor

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✉ info@libertyhomerehab.com



Liberty Lodge

📍 15a Gibson Road, Kenilworth

☎ +27 84 775 8623

✉ info@libertyhomerehab.com



Websites

🔗 www.libertyhomerehab.com

🔗 www.halfwayhouse.co.za





social development

Department:
Social Development
REPUBLIC OF SOUTH AFRICA



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